

2024 at ANH - Term 1 & 2

Mondays

HLTAID009 Provide CPR
HLTAID011 Provide First Aid
HLTAID012 Provide an emergency First Aid response in an Education or Care setting
RSA (Responsible Service of Alcohol) & Food Safety 10am - 5pm

Tuesdays

Chatty Café 10.30am - 11.30am weekly
Creative Writing 10am - 12pm weekly
ANH Book Chat (1st Tuesday of the month) 7pm - 8pm
Mental Health First Aid - Two days Course. Varies each month

ANH Food Hub

Wednesdays

Justice of the Peace Services 10am - 12pm
Computer Studies Abridged 12pm - 2pm
Knitting Group 11am - 3pm
Loan Guidance 1.30pm - 2.30pm
English as an Additional Language 6pm - 7pm

ANH Food Hub

Thursdays

Art Group 10am - 11am
Cancer Survivor Social Group 11am - 12pm
SALO Program 11am - 1pm
Dementia Career's Support Group 12pm - 1pm
Kylie - Support Worker

ANH Food Hub

Fridays

Cooking Class 11am - 1pm
Craft Activity & Mental Health Chat Group 11am - 1pm
Free Community Lunch 1pm - 2pm fortnightly
Kylie - Support Worker

ANH Food Hub



Ararat Neighbourhood House Inc.
The Heart of our Community

For more information or to book into any of our activities, please phone

03 5352 1551

Ararat Neighbourhood House
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